SRI KALISWARI COLLEGE
Autonomous - Affiliated to Madurai Kamaraj University
Re-accredited (3rd Cycle) with 'A' Grade (CGPA 3.11) by NAAC
SIVAKASI

International Yoga Day Celebration
Invitation

SRI KALISWARI COLLEGE
(Autonomous)
SIVAKASI

Department of Physical Education
&
Yoga and Meditation Club
Jointly Organize

International Yoga Day

Yoga Demonstration

Mr. K.A.S.O. Marimuthu
Yoga Trainee, Deva Bharathi Yoga Centre, Sivakasi.

Date : 21 June, 2019
Time : 07.00 a.m. - 8.00 a.m.
Venue : Open Auditorium

All are cordially invited

Mr. C. Sureshkumar
Asst. Director of Physical Education
Mr. A. Ayyalsamy
Director of Physical Education
Dr. P. K. Balamurugan
Dr. S. Krishnamurthy
Shri. A. P. Selvarajan
Miss. R. Muthulakshmi
Principal
Vice-Principal

All are cordially invited
Sri Kaliswari College (Autonomous), Sivakasi
Department of Physical Education

A Report on International Yoga Day Celebration

On 21 June 2019, Department of Physical Education and Yoga and Meditation Club of Sri Kaliswari College, Sivakasi celebrated International Yoga Day in the Open Auditorium of our college. Mr. A. Ayyalsamy, Director of Physical Education welcomed the gathering. In the presidential address, Dr. S. Krishnamurthy, the Principal explained the essentiality of Yoga in every human being’s life.

Mr. K. A. S. O. Marimuthu, Yoga Trainer, Deva Bharathi Yoga Centre, Sivakasi was the chief guest. He appealed to the young as pirants and also beautifully emphasised that yoga would be essential for good health in our life. He also engaged the students by performing some asanas (Poses) such as Suryanamaskaram, Dada Asana, Trikonasana, Bhujangasana, Padmaasana. The Vice-Principals, Dr. P. K. Balamurugan, Mrs. R. Muthulakshmi offered their Felicitations. Mr. C. Sureshkumar, Assistant Director of Physical Education proposed a vote of the thanks.

Principal
21.06.2019

இல கலைநூற்றாண்டுகளும் (ख़ाबाइनिया), விளையாட்டு

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Press Release
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Press Release

சிற்றால் பூட்டுக்களின் கழுத்திலிருந்து பொருந்துகோள் விளைக்கப்பட்டது.